EXPERIENCE

NBC Washington, DC

Capitol Hill Intern June 2022 - December 2022

* Interviewed senators and representatives on major congressional storylines including January 6th Hearings, the Inflation
Reduction Act, same-sex marriage bill and rail strike
* Gathered spot news by navigating the Capitol, staking out lawmakers, and asking relevant follow ups
* Transcribed interviews and press conferences and wrote corresponding summary of news bites in AP style
* Contributed to internal network-wide (400+ members) political distribution notes under deadline
* Compiled thorough research packets under deadline for Capitol Hill team on Cassidy Hutchinson ahead of testimony at the
January 6th Hearing and Arizona's Gubernatorial and Senate races ahead of midterm election
* Interviewed CA Gov. Gavin Newsom during his visit to the Capitol about a potential 2024 run and co-bylined a story about his
response for the Meet the Press blog

ABC Washington, DC

Penn Ave/ Digital Intern January 2022 - May 2022

* Pitched/wrote stories for abcnews.go.com on DOJ/ White House eviction prevention program after the moratorium ended, the
Biden Administration's push for youth voter education, NASA's climate monitoring program and House Democrats call on
SCOTUS to defend abortion access
* Curated a daily Capitol Hill/ White House morning note for over 200 employees on top headlines and developments of major
storylines
* Covered Trump's North Carolina Rally and wrote a note on headlines - Trump's endorsements, criticism of the Biden
Administration, and calls to action for a Republican Congress - to be distributed to ABC's political unit (1,000+ employees)
* Shadowed producers and correspondents on Capitol Hill for State of the Union
* Collaborated with Desk Assistants and the Desk/Assignment Editors to assist with newsroom tasks for World News Tonight
such as updates for show on producers, production crew and correspondents



EDUCATION

Sejal Govindarao

Washington, DC 20052 | sejalgovindarao@gwu.edu | 925-775-8741
<https://www.linkedin.com/in/sejaigovindarao>

The George Washington University Washington, DC

BA in Political Communication, Minor in Journalism May 2024

* Presidential Scholar; Co-Founder & President of GWs Asian American Journalists Association; Involved in The GW Hatchet,

GWs independent student newspaper, and GW-7V, GWs student-run TV station

* Relevant course work: Journalism Theory & Practice, Intro to News Writing, Intro to Video/Web Production, Strategic Political Communication, Public Diplomacy, African-American Politics, Data Journalism using R, Media Law, Microeconomics, Macroeconomics

CNN Washington, DC

Virtual Intern for Anderson Cooper 360 October 2021 - December 2021

* Utilized iNews, NewsApps and MIRA software programs to code and cut voice-over and sound on tape
* Collaborated with team of 25 by assisting with all facets of newsroom (researching topics, pitching stories and guests, logging interviews and shadowing graphic production)

The GW Hatchet Washington, DC

Senior News Podcast Host & Senior Staff Writer September 2020 - Present

* Will serve as an investigative reporter on The Hatchet's inaugural Investigations Team (pitched and am helping pioneer)
* Moderated debate between GW College Democrats and GW College Republicans for audience of 200+
* Hosted and produced over 25 episodes for The Hatchet's weekly news podcast using Adobe Audition and Spotify
* Proposed and pitched enterprise stories weekly for podcast to cover and collaborated with EIC through editorial process
* Conducted and transcribed interviews with students and experts weekly
* Wrote stories weekly in AP Style under deadline and currently works on long form investigation pieces
* Fact-checked 120+ stories in news, opinions, sports, and culture to be ready for print and digital publications

GW-TV Washington, DC

Sports Anchor, Editor, Writer September 2020 - Present

* Reports on-air and collaborates with show team to write scripts for all episodes on a monthly basis
* Provides live analysis for GW basketball game coverage
* Conducts interviews and edits episodes using Adobe Premiere
* Proposed and anchored International Politics segment and 2020 Presidential Campaign segment on Capital Crossfire (political show); Fact-checked debates between College Democrats and College Republicans

TECHNOLOGY SKILLS

* Writing: AP Style
* Programming Languages: R
* Technical: iNEWS, NewsApps, MIRA, Media Central, NewsMonitors; Adobe Photoshop, Premiere, Lightroom, Audition
* Web Design: Wix, Word Press
* Social media: Instagram, Snapchat, Twitter, Linkedln, Facebook
* Panasonic CX-350, DSLR